



OCTOBER 2023

Lunch Menu



Daily Lunch Choices for 1st through 8th Grade

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Tenders Red Beans & Rice Garden Variety Veggies & Biscuit Pineapples Choice: Pizza or Power Cup	3 Soft Tacos w/ Taco Salad Cup Pinto Beans & Cup of Salsa Garden Variety Veggies Sorbet Cup Choice: Chicken Smackers or Power Cup	4 Chicken Smackers Mashed Potatoes Buttered Corn & Dinner Roll Garden Variety Veggies Red Apple Wedges Choice: Taco Salad or Power Cup	5 Pepperoni or Cheese Pizza Garden Variety Veggies Garden Salad Diced Peach Cup Choice: BBQ Pork Fries w/ Cheez Its or Power Cup	6 Chicken Filet on Bun Tator Tots Garden Variety Veggies Diced Pears Choice: Pizza or Power Cup
9 Honey Citrus Chicken Fried Rice Garden Variety Veggies Pineapples Choice: Pizza or Power Cup	10 Spaghetti & Meatballs Garden Salad & Garlic Breadstick Garden Variety Veggies Orange Wedges Choice: Chicken Smackers or Power Cup	11 BBQ Pulled Pork Sandwich Baked Beans Garden Variety Veggies Tropical Fruit Choice: Chef Ceasar Salad or Power Cup	12 Pastalaya Garden Salad Garden Variety Veggies Sorbet Cup Choice: BBQ Pork Fries w/ Cheez Its or Power Cup	13 Nachos w/ Nacho Salad Cup Mexican Corn & Salsa Garden Variety Veggies Orange Wedges Choice: Pizza or Power Cup
16 Chicken Smackers Spaghetti & Cheese Garden Variety Veggies Cauliflower w/ Cheese Mixed Fresh Fruit Choice: Pizza or Power Cup	17 Hamburger/Cheeseburger French Fries Garden Variety Veggies Tropical Fruit Choice: Chicken Smackers or Power Cup	18 Gumbo Potato Salad & Diner Roll Garden Variety Veggies Sorbet Cup Choice: Taco Salad or Power Cup	19 Chicken Parmesan w/ Spaghetti Garden Salad & Breadstick Garden Variety Veggies Diced Peaches Choice: BBQ Pork Fries w/ Cheez Its or Power Cup	20 Macaroni & Cheese Green Beans Garden Variety Veggies Strawberry Applesauce Choice: Pizza or Power Cup
23 Chicken Tenders Red Beans & Rice Garden Variety Veggies Biscuit Pineapples Choice: Pizza or Power Cup	24 Soft Tacos w/ Taco Salad Cup Pinto Beans & Cup of Salsa Garden Variety Veggies Sorbet Cup Choice: Chicken Smackers or Power Cup	25 Chicken Smackers Mashed Potatoes Buttered Corn & Dinner Roll Garden Variety Veggies Red Apple Wedges Choice: Taco Salad or Power Cup	26 Pepperoni or Cheese Pizza Garden Variety Veggies Garden Salad Fresh Fruit Choice: BBQ Pork Fries w/ Cheez Its or Power Cup	27 Chicken Filet on Bun Tator Tots Garden Variety Veggies Diced Peaches Choice: Pizza or Power Cup
30 Honey Citrus Chicken Fried Rice Garden Variety Veggies Pineapples Choice: Pizza or Power Cup	31 Eyeball Pasta Graveyard Garden Salad Orange Wedges Halloween Cupcake Choice: Chicken Smackers or Power Cup			

NOTES: Menus are subject to change. All meals are served with choice of milk.

NOTIFICATION STATEMENT: Peanuts and peanut butter are not purchased for meals produced by the Baton Rouge Diocese Child Nutrition Program; however, some products may contain nuts, may be produced in plants that use nuts and may contain traces of nuts.